

Professional Training



SPORT SCIENCE
(Football specialization)
Universidad Europea de Madrid



PHYSIOTHERAPY
Universidad Francisco de Vitoria



LEVEL 1 (football)
CENAFE



EXPERT IN PHYSICAL PREPARATION IN FOOTBALL
Academy of physical trainers



EXPERT IN STRENGTH TRAINING IN FOOTBALL
Marcos Chena



TRAINING IN SPORTS PERFORMANCE
Human ability



SKILLS AND COMPETENCES

TEAMWORK: Experience in multidisciplinary teams, acceptance of roles and intragroup help
PROBLEM SOLVING: Understand the context and act as quickly as possible
HARDWORKING AND SELF-CRITICAL: Through professionalism, commitment and the desire to improve

Work experiences



CD MÓSTOLES URJC - 2024/act.
First team - 2RFEF
Physical trainer



AD ALCORCÓN - 2022/2024
U19 (JA DH) - U23 (2RFEF - 3RFEF)
Physical trainer



R. VALLECANO DE MADRID - 19/20, 18/19, 16/17 y 15/16
U18, U16, U15
Physical trainer and readapter



R. MAJADAHONDA CF - 20/21
U19 (JA DH)
Physical trainer



MÓSTOLES CF - 17/18
First team - Preferente Aficionados
Physical trainer

F4 TRAINERS - 2021. Personal trainer
PEDRO P. MATEOS - 2021. Physiotherapy
FISIKA FISIOTERAPIA - 2022. Physiotherapy

FISEN - 2022/act. - Physiotherapy
FISANAX - 2022/act. - Physiotherapy
FG - 2017/act. Personal trainer