## Fernando García-Moreno Garzás



## **Professional Training**



**SPORT SCIENCE** (Football specialization) Universidad Europea de Madrid



**PHYSIOTHERAPY** Universidad Francisco de Vitoria



**LEVEL 1** (football) **CENAFE** 



**EXPERT IN PHYSICAL PREPARATION IN FOOTBALL** Academy of physical trainers



**EXPERT IN STRENGTH TRAINING IN FOOTBALL** Marcos Chena



TRAINING IN SPORTS PERFORMANCE Human ability



**SKILLS AND COMPETENCES** TEAMWORK: Experience in multidisciplinary teams, acceptance of roles and intragroup help PROBLEM SOLVING: Understand the context and act as quickly as possible HARDWORKING AND **SELF-CRITICAL**: Through professionalism, commitment and the desire to improve

## Work experiences



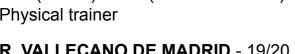
CD MÓSTOLES URJC - 2024/act. First team - 2RFEF Physical trainer



**AD ALCORCÓN** - 2022/2024 U19 (JA DH) - U23 (2RFEF - 3RFEF) Physical trainer



R. MAJADAHONDA CF - 20/21 U19 (JA DH) Physical trainer





R. VALLECANO DE MADRID - 19/20, 18/19, 16/17 y 15/16 U18, U16, U15 Physical trainer and readapter

**MÓSTOLES CF** - 17/18 First team - Preferente Aficionados Physical trainer

F4 TRAINERS - 2021. Personal trainer PEDRO P. MATEOS - 2021. Physiotherapy FISIKA FISIOTERAPIA - 2022. Physiotherapy **FISEN** - 2022/act. - Physiotherapy FISANAX - 2022/act. - Physiotherapy FG - 2017/act. Personal trainer