



SIMONE ZULLO

20-09-1986 ITALY

UEFA B COACH FITNESS COACH



LANGUAGES

- Italian (Native)
- English (Fluent)
- Spanish (Fluent)
- French (Beginners)
- Georgian(Basic)
- Russian (Basic)

UPDATES

Barcainnovationhub: Certificado en Preparación Física en el Fútbol Femenino

Exos learn educationWIMU: Use of technology WIMU (EPTS) in high performance level LEVEL 1

MVM ITALIA - Moxy® Methods

UEFA B Update: All available updates from FIGC

MVM ITALIA - Spirotiger® Breathing Methods SKILLS CERTIFICATES

Coerver Coaching - Coerver Coaching® Methods- Corrective exercise method® 2016

Hobbies: Football; skiing; running; biking; reading; coaching; continuous learning.

Personal Experience: Extensive background in football playing from amateur to semi-professional levels. Concurrently coached amateur youth teams while pursuing academic qualifications.

Sporting Endurance: Participation in Ironman Zurich, Half Ironman Pula and Maiorca, Untratrail Orobie 74 km, along with numerous half marathons and running events.

Charity Involvement: Engaged in charitable programs:

www.underthesamesky.it and

www.hopesob.com



WORK EXPERIENCE

- **Season 2023/24: FC Genoa; Assistant Head Coach female team**
- **Season 2023: FC Dinamo Tbilisi First division; Assistant Head Coach**
 - Supercup Winners 2023, UEFA Champions League Qualification first round, ¼ Final Qualification Conference League.
 - Special tasks, build up strategy and open play; possession phase
- **Season 2022: FC Dinamo Tbilisi First division ; Head Fitness Coach**
 - League Champions 2022, First Round Conference League Qualification.
 - Special tasks, game building and possession phase
- **2021-2022: FC Hebar – Assistant Coach, First Division Bulgaria**
 - Studing new strategy with analyst coach
- **2021:Assistant Coach, Bolivia National Team (Female)**
 - Facilitated specialized choaching for the national team, supporting their competitive performance.
- **2021: Mislata Female FC (Spain) Assistant Head coach primera national (Serie B Italy)**
 - Facilitated specialized choaching for the team, supporting their competitive performance.
 - Strategic coaching of youth teams.
- **2020-21: CHIASSO FC - Head Coach U19, Assistant Coach First Team, Second League Switzerland**
 - Strategic coaching of youth teams and simultaneously Assistant coach for the first team, special attention to the young players to for individual skills.
- **2019-20: RENATE AC – Head Coach U19 (Italy Serie C)**
 - Mentored and developed young talent, contributing to the club's youth development initiatives.
- **2016-19: AS GIANA ERMINIO - First Team Assistant Coach (Italy Serie C)**
 - Played a pivotal role in supporting the coaching staff and enhancing team performance.
- **2014-2017: NOVARA CALCIO AC - Head Coach Under 14**
 - Managed and nurtured budding talent in a competitive football environment.
- **2009-2013: ATALANTA BC ACADEMY, Italy**
 - Active involvement in the academy's coaching and development programs.
- **2012-13: PASTAVY PMC - Technical Manager**
 - Directed technical aspects across various age groups in Belarusian football.
- **2011: Coach of American Coaches, Milan, Italy**
 - Conducted coaching sessions for international coaches, sharing expertise and methodologies.



Skills and Expertise:

- **Coaching Proficiency:**
Extensive experience coaching various football teams across different leagues and age groups. Ability to tailor training methodologies for optimal performance.
- **Strategic Planning:** Proficient in setting clear objectives, devising training programs, and implementing corrective exercises to enhance team performance.
- **Multilingual Communication:**
Fluent in multiple languages, enabling effective communication and collaboration within multicultural environments.
- **Adaptability and Leadership:**
Proven ability to adapt swiftly to diverse contexts and roles within coaching staff. Known for leadership and respect for team roles and individual skills.

WORK EXPERIENCE

Education and Academic Achievements:

- **Master of Sport Performance:** Sports Studies
 - University Statale Of Milan - Milan, Milano
 - Specialization in Sports Studies focusing on performance optimization and strategic coaching methodologies.
- **Bachelor in Sport Science: Sport Performance**
 - University Statale Of Milan - Milan, Milano
 - Profound understanding of sports performance dynamics, including physical conditioning, training methodologies, and injury prevention.
- **UEFA B Licence FIGC- Settore Tecnico**
 - Milan, Milan
 - Comprehensive coaching license under the Italian Football Federation, encompassing tactical and technical aspects of coaching.
- **Barcainnovationhub: Certified in Physical Preparation in Women's Football**
 - Comprehensive certification program focusing on the physical readiness and conditioning of female footballers.
- **Exos Learn Education: The 0-10 Seconds Different; Medicine Ball Techniques**
 - Advanced training in the application of medicine ball techniques, vital for dynamic training sessions.
- **WIMU: Utilization of WIMU Technology (EPTS) in High-Performance Sports LEVEL 1**
 - Expertise in employing cutting-edge technology (WIMU - EPTS) for analyzing and enhancing high-performance sports.
- **Master in Human Resources Management**
 - Milan, Milano
 - In-depth knowledge of HR strategies, team management, and leadership skills applied specifically in sports environments.
- **Bachelor in Massage Therapy**
 - Essence Academy Monza - Monza, Monza
 - Proficiency in massage therapy techniques beneficial for athlete recovery and injury prevention.
- **High School Diploma**
 - Milano, Cernusco S/N
 - Comprehensive high school education providing a strong academic foundation.

Players Coached and Notable Achievements:



Luka Parkadze: Ex Dinamo Tbilisi; Bayern Munich Player. Developed from Dinamo Tbilisi to Bayern Munich player, showcasing the success of coaching methods and player development.



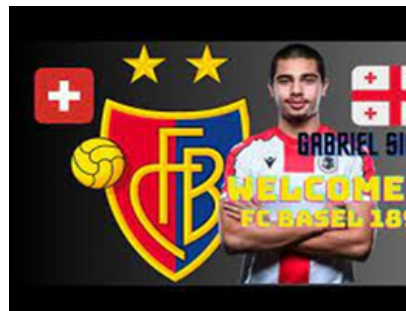
Luka Parkadze: Ex Dinamo Tbilisi; Newcastle Player. Developed from Dinamo Tbilisi to Newcastle player, showcasing the success of coaching methods and player development.



Tommaso Barbieri: ex Novara Calcio; Juventus player (Loan in Cremonese). Former Novara Calcio player who transitioned to Juventus, demonstrating the ability to groom talent for higher-level play.



Gabriel Sigua: ex Dinamo Tbilisi ; Basel player. Coached at Dinamo Tbilisi, went on to play for Basel, exemplifying the impact of coaching on players' career trajectories.



Players Coached and Notable Achievements:



Tommaso Augello: Cagliari Player; ex Giana Erminio, Spezia, Sampdoria; Cagliari player. Started at Giana Erminio, Spezia, and Sampdoria before joining Cagliari, illustrating successful coaching leading to player progression.

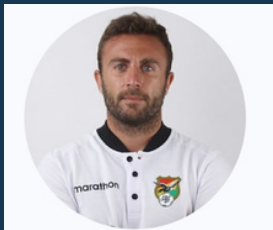


Alessio Iovine: Cagliari Player; ex Giana Erminio; Como player. Started at Giana Erminio, moved to Como and won Serie C and Serie B Leagues; illustrating successful coaching leading to player progression.



Right Pictures: Silvia Amoros: Huesca player Ex Fc Mislata, Huesca and Valencia.

Left PicturesCristina Diaz: Huesca player ex Villareal, Cordoba and RUT Tenerife





References

Giuseppe Bellistri

Fitness Coach, Real Madrid
Previous with AC Milan and Inter FC
peppebellistri@hotmail.it



Alessandro Biscotti

Sport Director, Fc Schaffhausen
Previously with FC Lugano, FC Chiasso and Novara FC
alessandro.biscotti@alice.it



Gabriele Gervasi

Juve Academy director Georgia, ExDirector, Dinamo Tbilisi Academy
Head coach with CF Genoa and Suning academy
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Simone Bombardieri

Director, Academy FC Empoli
Previous Lugano and Chiasso

