



IÑIGO MAQUEDA ARISTI

PHYSIOTHERAPIST AT ATHLETE PHYSIOTHERAPY
AND READAPTATION & BIZI PHYSIOTHERAPY

PROFILE

Physiotherapist specialized in sports, ultrasound and invasive physiotherapy.

Also trained, among others, in conservative and invasive physiotherapy of myofascial pain syndrome (Travell & Simons), Mulligan concept, myofascial and instrumental therapy (3 Tool & Hooks), neuromuscular and exteroceptive bandage (Kinesiotaping)...

LANGUAGES

Basque high oral and written level (EGA).
High level of oral and written Spanish.
High level of oral and written English (First Certificate).

PUBLICATIONS

Maqueda-Aristi I. (2021). Incidencia de lesiones en un equipo de fútbol: estudio de cohorte prospectivo. Logía, educación física y deporte, 1(2), 1-15.

Laborda-Lalaguna G, Maqueda-Aristi I, Pardo-Monesma E. (2021). Efectividad de la rehabilitación en pacientes operados de prótesis total de rodilla. Revisión sistemática. Cuest. Fisioter, 50(3), 261-269.

CONTACT



EDUCATION

UPV-EHU

2011 - 2015

Degree in Physiotherapy-Mention: Physiotherapy, physical activity and sport.

University of Cantabria

2017 - 2018

Master in sports physiotherapy and readaptation to physical activity.

Catholic University of Murcia-UCAM

2020-2021

Postgraduate in ultrasound and invasive physiotherapy.

EXPERIENCIA LABORAL

Athlete Physiotherapy and Rehabilitation

10/2024 - Currently

Bizi Physiotherapy Centre

09/2019 - Currently

SD Eibar-Coordinator area of physiotherapy and rehabilitation football at the academy/Physiotherapist and rehab coach U23 team (SD Eibar B)

09/2016 - 06/2024

Fisun Specialised Physiotherapy Centre

10/2018 - 09/2019

Mutualia (Pakea Hospital and peripheral centres)

10/2016 - 09/2018

Fremap

06/2015 - 10/2016

APTITUDES

Teamwork
Engaged
Responsible
Empathetic
In constant formation
Receptive
Extravert