



JUAN MANUEL HERNANDEZ SEGOVIA

SPORTS PHYSIOTHERAPIST

ABOUT ME

My name is Juan Manuel Hernández Segovia, specialist in sports physiotherapy and rehabilitation through exercise and movement. My relationship with the sport began when I was a kid playing football and I always knew that I had to study in order to stay in touch with the sport.

- SPANISH PASSPORT
- ENGLISH



LABORAL EXPERIENCE

AMICS CASTELLO- PRIMERA FEB SPAIN-

SEASON 2023-2024
2024-2025

PHYSIOTHERAPIST / SPORTS READAPTATION

NÄSSJÖ BASKET- SVENSKA BASKETLIGAN (SBL)

SEASON: 2022-2023
PHYSIOTHERAPIST / SPORTS READAPTATION

JÖNKÖPINGS SÖDRA IF- SWEDEN SUPERETTAN

MAY 2022-DECEMBER 2022
PHYSIOTHERAPIST / SPORTS READAPTATION

CLUB GIMNASIA Y ESGRIMA DE COMODORO RIVADAVIA- BASKETBALL NATIONAL LIGUE OF ARGENTINA-LNB

SEASONS: 2017/2018-2018/2019-2019/2020- 2020/2021-
2021/2022

MEMBER OF THE MEDICAL/PHYSIOTHERAPIST OF THE PROFESSIONAL
STAFF

COORDINATOR OF THE PHYSIOTHERAPIST AREA MEMBER OF THE
WOMEN'S SQUAD THAT PARTICIPATED IN THE FEDERAL
TOURNAMENT

CLUB ATLÉTICO JORGE NEWBERY - REGIONAL TOURNAMENT AMATEUR. 4TH DIVISION OF ARGENTINE FOOTBALL

NOVEMBER 2020- FEBRUARY 2021
DEPARTMENT MANAGER MEDICAL-PHYSIOTHERAPIAN

CLUB ATLETICO RADA TILLY- LOCAL LIGUE - COMODORO RIVADAVIA - ARGENTINA

JANUARY 2017 A APRIL 2022
MANAGER OF THE PHYSIOTHERAPIST DEPARTMENT
OF THE FIRST AND LOWER DIVISIONS

PROVINCIAL TOURNAMENT DE HANDBALL-CLUB INDEPENDIENTE DE TRELEW- CHUBUT-ARGENTINA

(3-4-5 DECEMBER 2021)

KINETICS CENTRO DE SALUD - COMODORO RIVADAVIA - ARGENTINA

SEPTEMBER 2017- APRIL 2022
SPORTS AND TRAUMA REHABILITATION. INCHARGE OF FUNCTIONAL
EVALUATION. INJURY PREVENTIONS

**CLUB ATLETICO LANUS- LIGA NACIONAL DE
BASQUETBAL (LNB) ARGENTINA**

JANUARY 2016- MAY 2016

*SPORTS TOURS IN THE INTERIOR OF THE COUNTRY WITH THE
PROFESSIONAL BASKETBALL TEAM.*

**SPORTS AND FUNCTIONAL REHABILITATION IN
FIELD WORK AND REINTEGRATION INTO SPORT
IN AN AUTONOMOUS WAY**

JANUARY 2016-APRIL 2022

**SPORTS REHABILITATION AND PHYSICAL
READAPTATION.**

**SAN LORENZO FUTURE TOURNAMENT
(ORGANIZED BY THE ARGENTINE TENNIS
ASSOCIATION AND THE ITF)**

SEPTEMBER 2015

ASSISTANCE WORK ON THE FIELD.

WORK IN PRE AND POST GAME IN PHYSIROOM

**SOUTH AMERICAN UNDER-14 TENNIS
TOURNAMENT IN EL CLÚ- CITY OF BUENOS
AIRES - ARGENTINA.**

MAY 2015

ASSISTANCE WORK ON THE FIELD.

WORK IN PRE AND POST GAME IN PHYSIROOM

ACADEMY FORMATION

- **MASTER IN PHYSICAL PREPARATION OF BASKETBALL DICTATED BY ASSESPORT ACADEMY- SPAIN**
- **2ND CONGRESS OF APPLICATED SCIENCE OF FOOTBALL (COPA AMERICA 2021)**
- **ONLINE COURSE IN UPDATE IN TENDINOPATHIES OF THE ATHLETE. (KINEF SEPTEMBER-OCTOBER 2020)**
- **1ST INTERNATIONAL SYMPOSIUM ON SPORTSMEDICINE AND APPLIED SCIENCES (YMCA INSTITUTO UNIVERSIARIO SEPTEMBER 2020)**
- **"BACK TO TRAINING POST PANDEMIA: A NEW CONTEXT" (SINERMICA LIC. MARIO DI SANTO SEPTEMBER 2020)**
- **THE CONSTRUCTION OF A BASKETBALL PLAYER (SINERMICA, JULY 2020)**
- **MUSCULAR RE-ADAPTATION: INTRODUCTION TO THEELECTROSTIMULATION (FISIOFOCUS-ESPAÑA, APRIL 2020) NEURODYNAMICS IN ANKLE AND FOOT INJURIES (FISIOFOCUS-ESPAÑA, APRIL 2020)**
- **DIPLOMA IN NEUROSCIENCE AND SPORT TRAINING, DICTATED BY BARÇA UNIVERSITAT PLATAFORMA ONLINE AT USIGLOXXI (FINALIZED, 2018)**
- **DIPLOME IN TRAUMATOLOGY AND SPORT REHABILITATION, DICTATED BY PHYSIOEDU (FINALIZED, 2016) X JOINT DAY OF THE ARGENTINE FOOTBALL ASSOCIATION(AFA) - ARGENTINE ASSOCIATION IN SPORT TRAUMATOLOGY (2016)**
- **TRAINING COURSE IN SPORTS KINESIOLOGY FIRST AID ON THE PLAYING FIELD", DICTATED BY THE ASSOCIATION OF KINESIOLOGY OF SPORT(2015, 9HS CATEDRA)**
- **VIII ARGENTINE CONGRESS OF SPORTS KINESIOLOGY, AS AN ASSISTANT(2014, 36HS) VII ARGENTINE CONGRESS OF KINESIOLOGY OF SPORT, AS AN ASSISTANT(2012, 36HS)**
- **WORKSHOP IN CORE: "NEW TRENDS IN EVALUATION, PREVENTION AND LUMBOPELVIC TREATMENT"**
- **WORKSHOP IN OSTEOPATHY: "VISCERAL MANIPULATIONS AND THEIR RELATIONSHIP WITH TISSUE MUSCULOSKELETAL".**
- **XIX ARGENTINE CONGRESS OF KINESIOLOGY; ROSARIO, SANTA FE, AS AN ASSISTANT (2011)**

REFERENCES

JOAKIM KÄLLMAN- HEAD COACH NÄSSJÖ BASKET-
ASSISTANT COACH IN NATIONAL TEAM-SWEDEN

ADAM ENGSTRÖM- ASSISTANT COACH NÄSSJÖ BASKET

GABRIEL SOLÉ- PHYSICAL TRAINER NÄSSJÖ BASKET